

The Trinity Question

Today, Trinity Sunday, we focus today on the unity of the Three-in-One: the Father, who gives us life; the Son, who gives us mission; and the Holy Spirit, who energizes our lives to accomplish the mission.

Three gifts, held in a frail human frame, battling against the discrimination and prejudice of the time, just as Christians have, ever since Our Lord founded his Church.

The Trinity has come through these two millennia with its power undamaged. We should remember this, when our feeble frame seems too frail to cope with the power inside us.

