



Holidays — Holy Times

When the pace of mission was exhausting his disciples, Jesus did not urge them unfeelingly to greater effort; he loved them too much to overtax their strength. Instead, he organized a holiday, a break in their busy schedule (Mark 6:31).

There are times to work (John 9:4), but we also need times of rest and refreshment, and none more so than when we are carrying a burden of guilt, worry, grief, doubt or sheer tiredness.

Come to Jesus, and he promises we shall be the better for having found him.