

## Notices

- Thanks Chrissie and Ian for the delicious Pancakes and the delightful Quiz night.
- **Lent Bible Study** starts from this coming Wednesday, 4<sup>th</sup> March at GGH at 2.30-3.30pm over tea/coffee.
- **Sharing is Caring:** Thank you so much for your sharing. Now we have enough stuff and we will let you know when we need more.
- **Food Parcels:** Thank you for continuing to support the food parcels. For more information, please speak to **Elaine**.
- **Photo:** Please collect your order and pay to **Charitas**.
- **Notice Sheet:** If you want to share it online, please check here (<https://www.stannewestheath.org/copy-of-blank-1>).
- For health and safety reason, there are several sanitation stations in our church. Whenever you see, please apply this to your hands thoroughly. Also, for a while, we will minimise our physical contact, such as hugging, shaking hands, etc.

## Future dates for diary

**Fri 6<sup>th</sup> Mar** Messy Church (3:30-5pm)

**Thr 12<sup>th</sup> Mar** PCC (7:30pm)

**Sun 26<sup>th</sup> Apr** APCM (Within 11.00am service)

St Anne's Parish Church (Office Time\_Monday@7.00-7.30pm@GGH)

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**Revd Paul Cho** can be contacted on Sundays, Tuesdays and Thursdays via email and mobile. ([revdpaulcho@gmail.com](mailto:revdpaulcho@gmail.com) / 07595 191 363)

# St Anne's Parish Church West Heath



## The First Sunday of Lent

1<sup>st</sup> Mar 2020

**Welcome:** A warm welcome to St Anne's especially if you are a visitor with us. We hope you will enjoy your worship with us today. Whether you're just visiting or looking to stay, it is great to have you with us. We would love to welcome you personally and get to know you.

**Collect:** **Almighty God,  
Whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves  
in obedience to your Spirit,  
and, as you know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen**

## Readings

This week	Next week
<ul style="list-style-type: none"><li>• Genesis 2:15-17;3:1-7</li><li>• Romans 5:12-18</li><li>• Matthew 4:1-11</li></ul>	<ul style="list-style-type: none"><li>• Genesis 12:1-4a</li><li>• Romans 4:1-5, 13-17</li><li>• John 3:1-17</li></ul>

## Calendar

Sun 1 <sup>st</sup> Mar	<b>The First Sunday of Lent</b> (Led by Ian and preached Paul) 11am Family Service with Sunday Club
Mon 2 <sup>nd</sup> Mar	2pm Tea and Chat in George Goodger Hall 7-7:30pm Office Time in George Goodger Hall
Tues 3 <sup>rd</sup> Mar	9:30am Little Stars
Wed 4 <sup>th</sup> Mar	9.15am Morning Prayer in St Francis Chapel <b>2:30pm Lent Course led by Stuart Kimber</b>
Thur 5 <sup>th</sup> Mar	9:30am Little Stars 10:30am Holy Communion in St Francis Chapel
Fri 6 <sup>th</sup> Mar	Morning Church Cleaning <b>3:30pm Messy Church</b>
Sat 7 <sup>th</sup> Mar	10am Choir practice in the Church
Sun 8 <sup>th</sup> Mar	<b>The Second Sunday of Lent</b> (Led by Paul and preached by Ian) 9:15am Holy Communion 11am Family Service with Sunday Club



Coffee/Tea is served between the Services on Sunday



## Prayers:

### Anglican cycle of prayer

Pray for the Iglesia Anglicana de Chile The Most Revd Héctor (Tito) Zavala Muñoz - Bishop of Santiago & Primate

### The Sick and Needy

Joyce Arnold, Be Be Harbun, Mike and Anne Lane, John Oakes (Priest), John and Debbie Parker, Cathy Price, Sharon, June, Tim, David, Yvelte Veitch, Ingrid Veitch, Joan Ayre, Stuart Kimber (Priest) Sue and Don. Pray for our neighbours who are hungry and lonely. Also, for those who are looking after their family or friends, physically, mentally, and financially.

### Special prayers:

PCC members and churchwardens to be; Joan Ayre who is in training to become a Reader.

**Request for Prayer:** email to [stannewestheath@gmail.com](mailto:stannewestheath@gmail.com)

Thoughts for Sunday: **Abundant Giving**

When God gives, he doesn't dole out a bit of love here, a bit of joy there, a bit of peace some other time. When he gives, he doesn't shape his gift to fit into a minute part of our spiritual make-up: he gives abundantly. When God gave Jesus, he gave all he had, the best he had, for everyone who would believe; and everyone means us.

So we shouldn't be asking God to give us a bit of his Spirit, for this little work; and a bit more, for that little challenge. Instead, we should accept the great truth that God has given us his Spirit, all of his Spirit, for every moment of every day.

## Today's Bible Readings

### Genesis 2:15-17, 3:1-7

Then the Lord God placed the man in the Garden of Eden to cultivate it and guard it. He told him, "You may eat the fruit of any tree in the garden, except the tree that gives knowledge of what is good and what is bad. You must not eat the fruit of that tree; if you do, you will die the same day." Now the snake was the most cunning animal that the Lord God had made. The snake asked the woman, "Did God really tell you not to eat fruit from any tree in the garden?" "We may eat the fruit of any tree in the garden," the woman answered, "except the tree in the middle of it. God told us not to eat the fruit of that tree or even touch it; if we do, we will die." The snake replied, "That's not true; you will not die. God said that because he knows that when you eat it, you will be like God and know what is good and what is bad." The woman saw how beautiful the tree was and how good its fruit would be to eat, and she thought how wonderful it would be to become wise. So she took some of the fruit and ate it. Then she gave some to her husband, and he also ate it. As soon as they had eaten it, they were given understanding and realized that they were naked; so they sewed fig leaves together and covered themselves.

### Romans 5:12-19

Sin came into the world through one man, and his sin brought death with it. As a result, death has spread to the whole human race because everyone has sinned. There was sin in the world before the Law was given; but where there is no law, no account is kept of sins. But from the time of Adam to the time of Moses, death ruled over all human beings, even over those who did not sin in the same way that Adam did when he disobeyed God's command. Adam was a figure of the one who was to come. But the two are not the same, because God's free gift is not like Adam's sin. It is true that many people died because of the sin of that one man. But God's grace is much greater, and so is his free gift to so many

people through the grace of the one man, Jesus Christ. And there is a difference between God's gift and the sin of one man. After the one sin, came the judgment of "Guilty"; but after so many sins, comes the undeserved gift of "Not guilty!" It is true that through the sin of one man death began to rule because of that one man. But how much greater is the result of what was done by the one man, Jesus Christ! All who receive God's abundant grace and are freely put right with him will rule in life through Christ. So then, as the one sin condemned all people, in the same way the one righteous act sets all people free and gives them life. And just as all people were made sinners as the result of the disobedience of one man, in the same way they will all be put right with God as the result of the obedience of the one man.

### Matthew 4:1-11

Then the Spirit led Jesus into the desert to be tempted by the Devil. After spending forty days and nights without food, Jesus was hungry. Then the Devil came to him and said, "If you are God's Son, order these stones to turn into bread." But Jesus answered, "The scripture says, 'Human beings cannot live on bread alone, but need every word that God speaks.'" Then the Devil took Jesus to Jerusalem, the Holy City, set him on the highest point of the Temple, and said to him, "If you are God's Son, throw yourself down, for the scripture says, 'God will give orders to his angels about you; they will hold you up with their hands, so that not even your feet will be hurt on the stones.'" Jesus answered, "But the scripture also says, 'Do not put the Lord your God to the test.'" Then the Devil took Jesus to a very high mountain and showed him all the kingdoms of the world in all their greatness. "All this I will give you," the Devil said, "if you kneel down and worship me." Then Jesus answered, "Go away, Satan! The scripture says, 'Worship the Lord your God and serve only him!'" Then the Devil left Jesus; and angels came and helped him.