St. Anne's Round Up of News 22nd March 2021



Local News

Many of you will be making an effort to go for a walk. We are very lucky here in West Heath as we have access to quite a few parks. West Heath Park has solid paths all round it and they make a figure of eight pattern so you have choice which way to go. There is a small park near to the Fairfax shops and Cofton Park. All these green spaces are really good as they get you further away from the traffic noise. If you don't live near a park, keep a look out for new things growing in people's gardens. Seeing nature is very relaxing and draws the mind away from stress.

Church News

There will be a ticket admission for our service on Easter Sunday. These will be available in church on Palm Sunday or speak to Paul. On Maundy Thursday, there will be no service but on Good Friday there will be a service on line. This will be at 2pm.

Prayer Requests

Please can you pray for the following people at the moment: Yvette, Olly, his wife and children, Michael, John Oakes, Eileen and Gloria Clay.

The family and friends of Paul, Linda Heather and baby Bentley Kytes who have recently died.

Lord you know all their needs please be with each one and others who are in our hearts at the moment Amen.





Birthday Greetings

Happy birthday to Elaine Sparey who will be celebrating on 2nd April. Please let us know when it is your birthday so we can think of you.

Noticeboard

Fr Paul would like to walk 500 miles from 15th March to raise funds for changing the church's main notice board. Our notice board has degraded over the years. The notice board should provide the necessary information for people passing by our church every day as the first contact point. However, due to its current degrading condition, it has not served its primary purpose. If you can support Paul please go the JustGiving page

https://www.justgiving.com/crowdfunding/ stannechurchwestheath?utm_term=7dDDEyAdb St Anne's Church's JustGiving page



Keeping Busy During Lockdown

Bev Smith has kept busy making octopuses for the registered charity 'Octopus for a Preemie UK 1180950'. The charity says:

'We all know how dangerous a preterm birth is for babies. The weight of most of them is around 500g (that's half a bag of sugar or 5 standard chocolate bars!!!), and it means their



systems are not fully developed. Feeling the closeness of parents has a significant effect on their baby's recovery and growth. However, parents are not able to hold their children close to their body all the time. When a baby arrives unexpectedly the parent's world stops to focus on the little one. There are so many things to sort



out that are important and part of everyday life. It is full on, and parents need a break too. A short break to catch their breath and to have a little rest so they can carry on looking after their little bundle. And here is where the octopuses come in very handy!! These little octopuses make babies, and their parents feel calmer and safer. The babies play with their tentacles as if it is their mother's umbilical cord. At the same time, parents can have the deserved little break, knowing their tiny precious ones feel more safe and calm with the tentacles in their little hands instead of pulling those life-saving tubes and cables out. Go to their website: www.octopusforapreemie.com for

details on how to get involved.

Contact Details

We would like you to tell us small items of news that you think St. Annes people should know, or that they would be interested in.

Georgina can be contacted by email <u>arnold112@btinternet.com</u> or phone (0121 458 1590)

Janet can be contacted by phone (0121 475 4259)or WhatsApp.